



WOMAN RESILIENCE: THE WORLD CHANGE MAKERS

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ABSTRACT

The generality of change in any terminology refers to the rate of change in lives, which were never in the forefront of this society, where their lives have been in darkness/unquestioned/backwardness in the name of culture, traditions and religious norms. Specifically, a nation's development will be or should be calculated in terms of the gender development on its own in terms of financial, educational and resolution from backwardness. Generally, nations like religious nations never make these kinds of initiatives because their ultimate fear is about their religious norms, despite individual freedom and upgradeness. I believe in the change where, when any individual or a group or a specific community is depressed for decades in the name of any form of unethical, inhumane way, the change will come from any end to dissolve the shackles with the huge iron strength of unity.

Keywords: Religious Norms, Financial, Religious Nations, Traditions, Educational.

INTRODUCTION

Change in the viewing perspective where the evolution of the new thoughts, new lives, new approach and technological developments around the world where the law takes place on high stage with new interpretations according to the fights for social justice, and new activism from olden traditional cultural barricades and breaking down the unethical laws made in the name of God, religious heinousness and in the name of cultural obligation. Most of the history was made to bear all the unethical obligations on the shoulders of women and the oppressors. The family structures were and will always be built based on changes and new revolutionary thoughts from the oppressor side's evolutionary fights.

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The thought of the change always brings us to assess the new way of life. Here's why I tried to redefine the woman, and the other things that made these family changes will show you a clear intent behind it.¹ The judicial precedents eventually led to or influenced specific legal reforms. For example, India's² Protection of Women from Domestic Violence Act, 2005, specifically includes women in domestic relationships that resemble marriage, granting them rights to a shared household and maintenance, which was a direct response to evolving social dynamics and the need to protect vulnerable partners. Other jurisdictions (e.g., some Canadian provinces, Ireland) have implemented laws that automatically expand the rights and responsibilities of cohabiting partners after a certain period, reflecting a functional approach to family law based on what families do rather than their formal marital status.

(Google Data)³

Country/Jurisdiction	Type of Legal Recognition	Year	Adopted (Nationwide, unless noted otherwise)
Australia	De facto relationships (unregistered) are recognised; some states also have registration systems	2009	(federal law, states/territories earlier, e.g., ACT 1994, NSW/QLD 1999)
France	Civil Solidarity Pact (PACS)	1999	
India	Judicially recognised as "relationships like marriage" under the Domestic Violence Act, 2005	2005	(through legislation) / various court rulings
United Kingdom	Civil partnership (initially same-sex only, now gender-neutral in some parts)	2005	

¹ Google general search engine, w.r.t. 31-10-2025

² POCSO ACT- INDIAN KANOON, w.r.t. 1-11-2025

³ Google general search engine, w.r.t. 1-11-2025

Coming out of this data, it's not just to show the significant changes and new approach evolution from the decades in various countries. This connects and firstly interlinks to the changes in family structure in modern society, and the acceptance would not be up to the mark, yet the acceptance of these changes will need a broad mind and great education.⁴

Now we look into the law perspective and the impact of a Gender work force and involvement in various forms of domination hailed for decades, and the evolution of breaking down shackles. The industrial revolution from the developed countries like the United States to developing countries such as Asian countries impacted the same nature as the involvement of the women work force derived them to the path of making new laws which never existed and out of the thoughts of any customs, culture or traditions in their respective states.

From being gained standard life by involving in to the work force and other fields, either by education or by being physical labour equivalent to the Men in several countries brings you to think and gets to live on their own and from there they bring new generation with more impactful further generations thought process of new life and more setting newest goals in education and as earning members. From there, the living style, either alone or with their family, made them think and feel independent or make their own life choices or ambitions.

Family structure under a lawful path, as we saw earlier and witnessed a huge change that the independent human who earns and lives as per their choices and not being dependent on others even after marriage, brings you feel some freeness. In this sudden, impactful change, the predominant era of one gender over another gender brings instability and toughness to accept, resulting in many impacts and disturbances happening in any kind of society. Based on these things, the overall laws which evolved as per the case's circumstances have been built up. If we see the law-making changes in India, for example, from the Shah Bano case⁵ in the modern Shayara Bano case, we have seen several changes in this Indian society under the name of women's involvement & empowerment in various fields.

Not just women, there were days when many males whose biological impact did not come out of cultural fear and made many lives suicidal. Now, from there, transgender people are living with pride and dignity without any shackles. Still, in many places or countries, the freedom of

⁴ Google general search engine, w.r.t. 1-11-2025

⁵ INDIAN KHANOON, w.r.t 3-11-2025

expressing their biological defects and many other women live in the backwardness and darkness of norms and countries' unethical greatness.

Family structure, ethics and social reforms have not changed simply. It took many lives, many disturbed souls, many strikes, many revolutions across the world. That's the outcome of the day's changes, which should be taken positively and broadly of thinking. So the current family structure can be named as an ethically conscious family, which states all other perspectives of humans, including single men/women living in loneliness, yet a happier life and great dignity according to their regional laws.

Countries like the Netherlands, Canada, Spain, Taiwan & South Africa, and many other western countries, adopted laws as per their region where LGBTQ rights movements were most successful.⁶ The first country in the entire world to legalise same-sex marriage in 2001, which included joint adoption rights by the Dutch government. "The legislation was a reflection of the Netherlands' already liberal attitudes and contributed to a more inclusive environment, which has been linked to significant improvements in the mental health and well-being of sexual minorities, irrespective of their marital status." (Google data). This shows how liberal thoughts and humanity bring us to accept and better the mental health of society, and acceptance would be stronger than expected.

In India, from the days of domestic violence to recognising that inhumane way of bringing the "Protection of Women from Domestic Violence Act, 2005" significantly changed the way a married woman is treated in a matrimonial family. And also, it indirectly made society think and accept that the married woman's education and entering into the workforce was a great success. However, this impacted the family structure by ensuring married women empower themselves to evolve and to enter into independent life acquisition.⁷

Women's lives changed in the entire world into the modern ethical values being drafted out of the box with a new intent in life to seek great independence and a standard of living after a history of unethical dominance over them. From there, the self-acquiring, self-earnings made them feel free to build a self-respecting living style with great pride. These things led to the development of new ethical theories, such as Deontology (The morality of an action is based on whether it adheres to a moral law or principle, regardless of the consequences),

⁶ Google general search engine, w.r.t. 3-11-2025

⁷ Google general search engine, w.r.t. 3-11-2025

Consequentialism (Utilitarianism), which advocates for actions that maximise overall happiness and well-being for the greatest number of people.

These many changes brought many other ethically based laws, where self-respect hailed bringing down such laws to frame for them. Such as feminist and women's rights movements, which made extensive legal frameworks that promote gender equality. The Convention on the Elimination of All Forms of Discrimination against Women, which is often called the "international bill of rights for women," is a major treaty that defines discrimination and sets an agenda for national action. The Beijing Declaration and Platform for Action (1995)⁸ further asserted that "women's rights are human rights".

Self-respect is an ethical value for women, which has led them to think and made governments frame legal support for the degraded lives of women. From there, the inheritance laws, Divorce laws, Equal pay, Vishaka Guidelines acts, Pocso, and many other safeguarding acts or laws framed and implemented also bring to rethink the old traditional followers to come down to reality and sharpen the minds to accept the modernisation and redefine the Ethics of humans.

As per the history read by many of us, the Industrial Revolution led women to work equally in factories, which was the first ever step towards a working woman's lifestyle in the entire world, French Revolution, the Communist Manifesto and Western countries' adoption brought early acceptance of future change. As same as in India though the change was slow due to several issues likely, british colonization, king rules etc., yet the social reforms made in 18th century as a great platform from where the women and other oppressed classes been impacted their change in life on family struct, ethics and social reforms as the way of Jyothirao and Savitri Bhai Phule women education movement in the early 18th medieval centuries brought great progress in social reforms in India.

The movement to secure voting rights for women, which culminated in amendments like the 19th Amendment to the U.S. Constitution, is known as Women's Suffrage. New Zealand was the first self-governing nation to grant full voting rights to all adult women in 1893, followed by Australia (1902) and Finland (1906). This made a great social reform towards women's lives to be part of a democratic society. 19th and early 20th century made many countries to make legal frameworks and involvement of women in work places especially in hard labour such as factories, industries etc., therefore from then to modern society the social reforms made

⁸ Google general search engine, w.r.t. 3-11-2025

significant change and made them to the Legislative and politically chaired in high level positions of their countries. Yet in countries like India, we have not witnessed the first Women Chief Justice of India.

These changes also brought many suffocations to everyone, regardless of gender. This statement shows that the development of women who have been oppressed for many decades and a sudden change in their lives brings some confusion and unacceptability to other genders. Due to these things, many obstacles still have to be faced by each gender. And the women's rights movement made it possible to think about the LGBTQ movement, which was a great success and a sudden rise in society. Every movement in the entire world makes a great mark in the social reforming stage. Some of the key methods used by the women suffragists to achieve their goals, including: Organising and attending public meetings and rallies, creating petitions, forming national and local organisations such as NAWSA (National American Women Suffrage Association),⁹ engaging in public demonstrations, parades and more, over a new generation thought outcome used the platform for modern rights movements, which used media and publicity to raise awareness.

Abortion, “The Soviet Union first legalised abortion on request in the Russian SFSR in 1920. While abortion was later restricted and then liberalised again, the initial legalisation on demand in 1920 is a key historical milestone.” This shows how drastically the change of the social reforms brought the right to have a child, which is a greater and personal right and obligation to women. In many countries, some societies forced the raped women to have their pregnancy and let the baby be born in a heinous and unacceptable way. Due to this, many of the women activists and associations came out for the legality, making abortion a woman's personal right and made legal laws for them in many countries across the world.

From there to now, France was the first country to explicitly guarantee the right to an abortion within its constitution. This was a more recent development, enacted in March, 2024. If we see how tough to bring a law for the women, which was so personal to them. The fight for abortion rights often spans decades. For example, if we see in Nepal, the battle for reform lasted over 20 years, while in Ireland, a renewed campaign gained momentum after a 2012 death, culminating in a successful referendum in 2018.

⁹ NAWSA official website w.r.t 05-11-2025

This is why and how the title of this article is named " Women's Resilience: The World Change Makers, which shows how interlinked any gender's life changes and their fight for social justice as oppressors will directly impact the family structure, ethics, and Social Reforms so far till date, and in the future.